



Coronavirus (COVID-19) Self Health Screening

To prevent the spread of COVID-19 and reduce the potential risk of exposure to our athletes, coaches, officials, visitors, staff and volunteers, we are conducting a simple screening questionnaire. Your participation is important to us as a precautionary measure to protect everyone. Thank you for your time.

Please return this questionnaire and give it to your club director.

Name:	Phone #			
Club Name	Date			
Athlete:	Coach:	Official:	Parent:	Spectator:

In the past 14 days, have you experienced...?

	Yes	No
Fever or Chills		
New or Worsening Cough		
Shortness of Breath/Difficulty breathing		
Sore throat		
Diarrhea (unless due to known cause)		
Loss of taste or smell		
Nausea or Vomiting		
Unexplained muscle ache		
Fatigue or chest pressure		

If you answer YES to any of these, or if your temp is 100.4 or higher, please self-isolate at home and contact your primary care physician or nearest urgent care facility for direction.

In the past 14 days, have you...?

	Yes	No
Or anyone in your household cared for an individual who is in quarantine or is a presumptive positive or has tested positive for COVID-19?		
Do you have any reason to believe that you or anyone in your household has been exposed to or acquired COVID-19?		
To the best of your knowledge, have you been in close proximity to any individual who has tested positive for COVID-19		

If you answer YES to any on these questions, please self-quarantine at home for 14 days

We strongly encourage any person who is at higher risk for severe COVID-19 complications to stay at home and reduce their risk of exposure. (Persons over age 65 or with underlying medical conditions)

For anyone requesting access to a PCJWL sanctioned practice, tournament or event, this form will need to be on file on 1/1/21. It must be completed a second time on 2/1/21 and again prior to access to the PCJWL League Championships.

Anyone who does not feel like they would like to complete this, can exercise that right. The PCJWL will exercise its right to not allow entry to the events that it is sanctioning. Thank you for your participation and understanding.